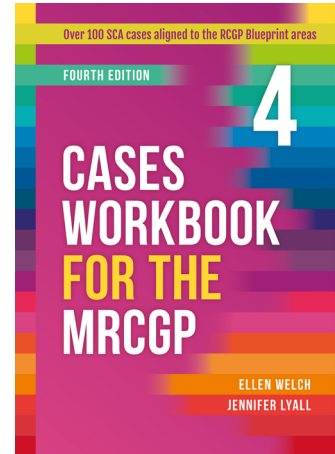


CASES WORKBOOK FOR THE MRCGP

FOURTH EDITION

WEB RESOURCES



C8 Gynaecology and breast

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- cks.nice.org.uk/specialities/womens-health
- cks.nice.org.uk/specialities/pregnancy

SIGN guidelines for the following conditions are available at www.sign.ac.uk:

- [134 Treatment of primary breast cancer](#)
- [135 Management of epithelial ovarian cancer](#)
- [169 Perinatal mental health disorders](#)

RCGP Women's health toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=12534

Primary Care Women's Health Forum resources: pcwhf.co.uk/resources/?_sft_source=pcwhf-resource

Green top guidelines specific to women's health are available on the RCOG website: www.rcog.org.uk/guidelines

British Menopause Society: www.thebms.org.uk

International Menopause society training: www.imsociety.org/education/impart-registration

The Faculty of Sexual & Reproductive Healthcare: www.fsrh.org/home

Medication use in pregnancy:

- uktis.org
- www.medicinesinpregnancy.org

Medication use in breastfeeding:

- lacted.org/iablc-breastfeeding-education-handouts/breastfeeding-and-medications
- gpifn.org.uk

Material for patient

Breast Cancer Research Foundation: www.bcrf.org

Endometriosis UK: www.endometriosis-uk.org

Female Cancer Foundation: www.femalecancerfoundation.org

International Association for Premenstrual Disorders (support and resources for women with PMDD and PME): iapmd.org

Lichen sclerosis and vulval cancer awareness: www.lsvcukawareness.co.uk

Menopause resources:

- www.menopausematters.co.uk
- www.balance-menopause.com
- rockmymenopause.com

National Association for Premenstrual Syndromes (information and support for PMS sufferers): www.pms.org.uk

National fertility awareness service: www.fertilityuk.org

Ovarian Cancer Action: www.ovarian.org.uk

PCOS Awareness Association: www.pcosaa.org

Support through miscarriage: www.miscarriageassociation.org.uk

Supporting women with premature ovarian insufficiency: www.daisynetwork.org/about-us/what-we-do

The UK's gynaecological cancer research charity: www.eveappeal.org.uk

The Vulval Pain Society: vulvalpainsociety.org

Women's health resources:

- www.womens-health-concern.org
- www.womens-health.co.uk

Practise examining

Breast examination: www.youtube.com/watch?v=76g_tNWMhCE

Vaginal examination: www.youtube.com/watch?v=Z-O_JYtyQqE