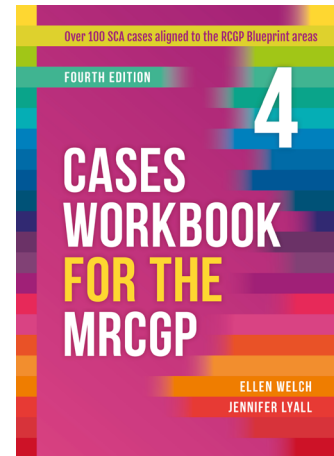


CASES WORKBOOK FOR THE MRCGP

FOURTH EDITION

WEB RESOURCES



C19 Smoking, alcohol and substance misuse

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- cks.nice.org.uk/topics/alcohol-problem-drinking
- www.nice.org.uk/guidance/ng64

RCGP Mental health toolkit substance misuse:

- elearning.rcgp.org.uk/mod/book/view.php?id=13115&chapterid=609
- elearning.rcgp.org.uk/mod/book/view.php?id=13151&chapterid=626

Alcohol Health Alliance: ahauk.org

British Society of Gastroenterology: www.bsg.org.uk

National Centre for Smoking Cessation and Training: www.ncsct.co.uk

RCEM – Drug misuse and the Emergency Department: rcem.ac.uk/wp-content/uploads/2021/10/RCEM_BPC_DrugMisuse_FINAL2019.pdf

NHS guidelines on management of drug misuse and dependence: www.gov.uk/government/collections/alcohol-and-drug-misuse-prevention-and-treatment-guidance

Chemsex resources: www.dean.st/chemsex/what-is-chemsex

Material for patient

Action on Smoking and Health: www.ash.org.uk

Alcohol and the brain: www.rcpsych.ac.uk/mental-health/mental-illnesses-and-mental-health-problems/alcohol-mental-health-and-the-brain

Alcoholics Anonymous: www.alcoholics-anonymous.org.uk

FRANK – honest information about drugs: www.talktofrank.com

Narcotics Anonymous (UK): ukna.org

RCPSYCH young people:

- Cannabis and mental health: www.rcpsych.ac.uk/mental-health/parents-and-young-people/cannabis-and-mental-health-information-for-young-people
- Drugs and alcohol: www.rcpsych.ac.uk/mental-health/parents-and-young-people/drugs-and-alcohol-for-young-people

Support with drugs, alcohol and mental health: www.wearewithyou.org.uk