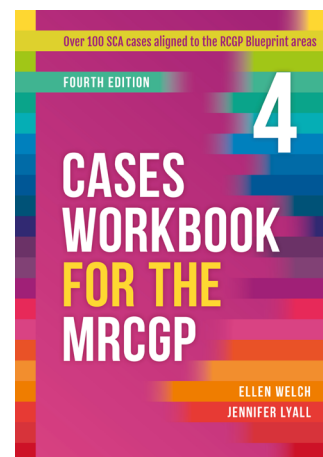


# CASES WORKBOOK FOR THE MRCGP

FOURTH EDITION

## WEB RESOURCES



## C18 Sexual health

### **Applicable guidelines and useful resources**

Relevant NICE guidelines and pathways: [cks.nice.org.uk/specialities/sexual-health](https://cks.nice.org.uk/specialities/sexual-health)

British Association for Sexual Health and HIV: [www.bashh.org/resources/guidelines](http://www.bashh.org/resources/guidelines)

The Faculty of Sexual & Reproductive Healthcare (FSRH): [www.fsrh.org](http://www.fsrh.org)

- UK Medical Eligibility criteria for contraceptive use: [www.fsrh.org/standards-and-guidance/uk-medical-eligibility-criteria-for-contraceptive-use-ukmec](http://www.fsrh.org/standards-and-guidance/uk-medical-eligibility-criteria-for-contraceptive-use-ukmec)
- Sexual and reproductive health e-learning: [www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare](http://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare)

The Royal College of Obstetricians and Gynaecologists: [www.rcog.org.uk](http://www.rcog.org.uk)

RCEM Sexual assault aftercare in the emergency department: [www.rcemlearning.co.uk/reference/sexual-assault-aftercare-in-the-emergency-department/#1658839414645-60c6b10d-148b](http://www.rcemlearning.co.uk/reference/sexual-assault-aftercare-in-the-emergency-department/#1658839414645-60c6b10d-148b)

A directory of hormonal contraceptives from around the world can be found at [www.ippf.org/sites/default/files/dohc.pdf](http://www.ippf.org/sites/default/files/dohc.pdf) which may be useful when patients present with unfamiliar brands from overseas.

Drugs that interact with antiretroviral therapy: [www.hiv-druginteractions.org](http://www.hiv-druginteractions.org)

National FGM centre: [nationalfgmcentre.org.uk/fgm/fgm-resources](http://nationalfgmcentre.org.uk/fgm/fgm-resources)

The Gender Identity Clinic provides resources and referral advice for GPs including a telephone advice line for queries regarding hormonal treatment: [gic.nhs.uk/gp-support](http://gic.nhs.uk/gp-support)

GMC ethical hub: Trans healthcare: [www.gmc-uk.org/professional-standards/ethical-hub/trans-healthcare](http://www.gmc-uk.org/professional-standards/ethical-hub/trans-healthcare)

College of Sexual and Relationship Therapists offers advice on psychosexual problems for both clinicians and patients: [www.cosrt.org.uk](http://www.cosrt.org.uk)

The RCGP toolkits are available:

- Adult safeguarding: [elearning.rcgp.org.uk/mod/book/view.php?id=12530](http://elearning.rcgp.org.uk/mod/book/view.php?id=12530)
- Child safeguarding: [elearning.rcgp.org.uk/mod/book/view.php?id=12531](http://elearning.rcgp.org.uk/mod/book/view.php?id=12531)

### **Material for patient**

56 Dean Street is an NHS sexual health clinic in central London providing STI/HIV care, PEP/PreP, Chemsex support, psychosexual counselling and Trans and non-binary services: [www.dean.st](http://www.dean.st)

British Pregnancy Advisory Service: [www.bpas.org](http://www.bpas.org)

Brook clinics provide advice on STIs, contraception and pregnancy: [www.brook.org.uk](http://www.brook.org.uk)

Family Planning Association (FPA): [www.fpa.org.uk](http://www.fpa.org.uk)

Gender identity resources:

- Young Minds: [www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/genderidentity](http://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/genderidentity)
- Stonewall: [www.stonewall.org.uk](http://www.stonewall.org.uk)
- Mermaids: [mermaidsuk.org.uk](http://mermaidsuk.org.uk)
- Marie Stopes (abortion and vasectomy care): [www.mschoices.org.uk](http://www.mschoices.org.uk)

HIV resources:

- HIV peer support: [www.positivelyuk.org/Project-100](http://www.positivelyuk.org/Project-100)
- HIV treatment info and advocacy: [i-base.info](http://i-base.info)
- Reliable HIV information: [www.aidsmap.com](http://www.aidsmap.com)
- Terrence Higgins Trust (HIV, AIDS and sexual health): [www.tht.org.uk](http://www.tht.org.uk)

Relate is a charity offering advice, relationship counselling and sex therapy: [www.relate.org.uk](http://www.relate.org.uk)