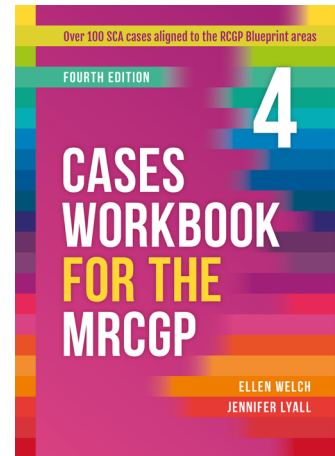


CASES WORKBOOK FOR THE MRCGP

FOURTH EDITION

WEB RESOURCES



Chapter 1

www.rcgp.org.uk/training-exams/mrcgp-exams-overview.aspx

www.rcgp.org.uk/getmedia/073d0d80-a8fb-42ae-a23d-a8be6aa12572/WPBA-capabilities-with-IPUs-detailed-descriptors.pdf

www.rcgp.org.uk/mrcgp-exams/simulated-consultation-assessment/trainee-surgery-guide

www.speedtest.net

www.rcgp.org.uk/mrcgp-exams/mrcgp-important-info/reasonable-adjustments

www.rcgp.org.uk/mrcgp-exams/simulated-consultation-assessment/toolkit

Chapter 2

www.rcgp.org.uk/mrcgp-exams/gp-curriculum

Chapter 3

www.patient.info

www.gpnotebook.com

elearning.rcgp.org.uk

new-learning.bmj.com

cks.nice.org.uk

www.redwhale.co.uk

www.e-lfh.org.uk

www.doctors.net.uk

Chapter 4

Chapter 4 links are provided on page 28.

C1 Allergy and immunology

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- cks.nice.org.uk/specialities/allergies
- cks.nice.org.uk/specialities/immunizations

The British Society for Allergy & Clinical Immunology: www.bsaci.org

British Society for Immunology: www.immunology.org

British HIV Association: www.bhiva.org

British Transplantation Society: bts.org.uk

Resuscitation Council UK – emergency treatment of anaphylaxis: www.resus.org.uk/library/additional-guidance/guidance-anaphylaxis

RCEM Learning – management of needlestick injury: www.rcemlearning.co.uk/reference/needlestick-injury

Vaccine Knowledge (University of Oxford): vaccineknowledge.ox.ac.uk/home

UK immunisation schedule: www.gov.uk/government/publications/the-complete-routine-immunisation-schedule

Guidance on allergy and specific IgE testing: www.coventryrugbygateway.nhs.uk/pages/guidance-on-allergy-and-specific-ige-testing

Material for patient

Allergy UK: www.allergyuk.org

ASCIA info leaflets: www.allergy.org.au/patients

Immunodeficiency UK: www.immunodeficiencyuk.org

Patient leaflets from BSACI: www.bsaci.org/professional-resources/patient-information-leaflets-2

Transplant patient information: www.nhsbt.nhs.uk/organ-transplantation

UK PIPS (Primary immune deficiency patient support): ukpips.org.uk

C2 Cardiovascular health

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways: www.nice.org.uk/guidance/conditions-and-diseases/cardiovascular-conditions

SIGN guidelines for cardiovascular disease: www.sign.ac.uk/search-results?q=cardiovascular&LibGo=Search

AAA screening programme: www.nhs.uk/conditions/abdominal-aortic-aneurysm-screening

British Society for Heart Failure guidelines: www.bsh.org.uk/patient-information

The British and Irish Hypertension Society provides up-to-date guidance: bihsoc.org/guidelines

The King's Thrombosis Centre guidelines on anticoagulation: kingsthrombosiscentre.org.uk/anticoagulation-guidelines

Life in the Fast Lane is an emergency medicine site which provides a useful collection of ECGs as well as many explanations of common emergency conditions: litfl.com/ecg-library

Resuscitation Council UK guidance: www.resus.org.uk/professional-resources

British Cardiovascular Society guidelines: www.britishcardiosciencesociety.org/resources

Stroke Association guidance: www.stroke.org.uk/professionals/resources-professionals/national-clinical-guideline-stroke

Material for patient

British Heart Foundation: www.bhf.org.uk

Patient.info resources: patient.info/search?searchterm=cardiovascular%2520disease

Practise examining

Cardiovascular examination: www.youtube.com/watch?v=eBnzjerlHj0

Peripheral vascular examination: www.youtube.com/watch?v=6beOTEKx1ek

C3 Dermatology

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

www.nice.org.uk/guidance/conditions-and-diseases/skin-conditions

RCGP Dermatology toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=12891

British Association of Dermatologists provides clinical guidelines and standards for dermatologists: www.bad.org.uk

Primary Care Dermatology Society has a wealth of resources for GPs: www.pcds.org.uk

Examining black and brown skin:

- Black & Brown Skin: www.blackandbrownskin.co.uk/our-vision
- BAD training: www.bad.org.uk/education-training/skin-of-colour-in-dermatology-education

Skin patterns associated with Covid-19: covidskinsigns.com

Collections of skin images:

- DermNet NZ: www.dermnetnz.org
- DermIS: www.dermis.net

Material for patient

The British Association of Dermatologists has produced a range of PILs: www.bad.org.uk/patient-information-leaflets

Allergy UK: www.allergyuk.org

Alopecia UK: www.alopecia.org.uk

Anaphylaxis UK: www.anaphylaxis.org.uk

Lupus UK: www.lupusuk.org.uk

National Eczema Society: www.eczema.org

National Psoriasis Foundation: www.psoriasis.org

National Rosacea Society: www.rosacea.org

Skin Cancer Foundation: www.skincancer.org/melanoma

C4 Ear, nose and throat, speech and hearing

Applicable guidelines and useful resources

NICE pathways and guidelines

- ENT conditions: cks.nice.org.uk/specialities/ear-nose-throat
- Oral health: cks.nice.org.uk/specialities/oral-health
- Head and neck cancers: www.nice.org.uk/guidance/ng12/chapter/Recommendations-organised-by-site-of-cancer#head-and-neck-cancers

The RCGP TARGET Antibiotic stewardship tools: elearning.rcgp.org.uk/mod/book/view.php?id=12649&chapterid=793

RCGP Deafness and hearing loss toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=12532

ENT UK provides resources for professionals and patient leaflets: www.entuk.org

As does

British Association of Oral and Maxillofacial Surgeons (BAOMS): www.baoms.org.uk

Paediatric screening for hearing loss: www.nhs.uk/conditions/hearing-tests-children

Material for patient

British Snoring & Sleep Apnoea Association: www.britishsnoring.co.uk

The British Tinnitus Association: www.tinnitus.org.uk

Royal National Institute for Deaf People: rnid.org.uk

Practise examining

Neck lump examination: www.youtube.com/watch?v=oVhKjmOrzwM

C5 Eyes and vision

Applicable guidelines and useful resources

NICE pathways for eye conditions: cks.nice.org.uk/specialities/eyes

Moorfields Eye Hospital has resources for primary care providers: www.moorfields.nhs.uk/for-health-professionals/for-primary-care-providers

The British Undergraduate Ophthalmology Society has produced concise factsheets on a range of eye conditions: buos.co.uk/learning/notes

Material for patient

Moorfields Eye Hospital hosts a patient information library: www.moorfields.nhs.uk/for-health-professionals/leaflet-library

RNIB: www.rnib.org.uk

Vision Express provides useful condition leaflets for patients: www.visionexpress.com/eye-health/eye-conditions

Practise examining

Examination of eyes and vision: www.youtube.com/watch?v=lwBEjEbU-Yw

C6 Gastroenterology

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways: cks.nice.org.uk/specialities/gastrointestinal

The Primary Care Society for Gastroenterology: www.pcs.org.uk

British Society of Gastroenterology: www.bsg.org.uk

British Society of Lifestyle Medicine: bslm.org.uk

RCGP toolkits:

- Inflammatory bowel disease: elearning.rcgp.org.uk/course/view.php?id=702
- Liver disease: elearning.rcgp.org.uk/mod/book/view.php?id=13042

FIT (faecal immunochemical testing): www.faecal-immunochemical-test.co.uk/about-faecalimmunochemical-testing

NHS Bowel Cancer Screening: cks.nice.org.uk/topics/bowel-screening

Material for patient

British Liver Trust: www.britishlivertrust.org.uk

Coeliac UK: www.coeliac.org.uk

Colostomy UK: www.colostomyuk.org

Crohn's & Colitis UK: www.crohnsandcolitis.org.uk

IBS network: www.theibsnetwork.org

Weight loss resources: www.claphamparkgp.com/weight-loss-resources

Practise examining

Abdominal examination: www.youtube.com/watch?v=XOefpxm38bc

Rectal examination: www.youtube.com/watch?v=bK1GTLpL_F8

C7 Genomic medicine

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- cks.nice.org.uk/topics/pre-conception-advice-management/management/genetic-risk-assessment
- www.nice.org.uk/guidance/ng201

Royal College of Obstetricians & Gynaecologists – Prenatal testing: www.rcog.org.uk/guidance/browse-all-guidance/other-guidelines-and-reports/supporting-women-and-their-partners-through-prenatal-screening-for-downs-syndrome-edwards-syndrome-and-patau-syndrome

Information on sickle cell and thalassaemia screening across the UK: www.gov.uk/guidance/sickle-cell-and-thalassaemia-screening-programme-overview

Newborn screening: www.gov.uk/government/publications/handbook-for-sickle-cell-and-thalassaemia-screening/newborn-screening

British Society for Genetic Medicine: bsgm.org.uk

Primary Care Genetics Society: www.primarycaregenetics.org/?page_id=109&lang=en

The NHS Genomics Education Programme provides e-learning resources on taking a family history and drawing genetic diagrams: www.genomicseducation.hee.nhs.uk

RCGP Genomics toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=12892

Material for patient

Down's Syndrome Association: www.downs-syndrome.org.uk/about-downs-syndrome/pregnancy-and-baby

Genetic Alliance UK: geneticalliance.org.uk

National Hereditary Breast Cancer Helpline: www.breastcancergenetics.co.uk

NHS Genomic Medicine Service: www.england.nhs.uk/genomics

C8 Gynaecology and breast

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- cks.nice.org.uk/specialities/womens-health
- cks.nice.org.uk/specialities/pregnancy

SIGN guidelines for the following conditions are available at www.sign.ac.uk:

- [134 Treatment of primary breast cancer](#)
- [135 Management of epithelial ovarian cancer](#)
- [169 Perinatal mental health disorders](#)

RCGP Women's health toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=12534

Primary Care Women's Health Forum resources: pcwhf.co.uk/resources/?_sft_source=pcwhf-resource

Green top guidelines specific to women's health are available on the RCOG website: www.rcog.org.uk/guidelines

British Menopause Society: www.thebms.org.uk

International Menopause society training: www.imsociety.org/education/impart-registration

The Faculty of Sexual & Reproductive Healthcare: www.fsrh.org/home

Medication use in pregnancy:

- uktis.org
- www.medicinesinpregnancy.org

Medication use in breastfeeding:

- lacted.org/lable-breastfeeding-education-handouts/breastfeeding-and-medications
- gpifn.org.uk

Material for patient

Breast Cancer Research Foundation: www.bcrf.org

Endometriosis UK: www.endometriosis-uk.org

Female Cancer Foundation: www.femalecancerfoundation.org

International Association for Premenstrual Disorders (support and resources for women with PMDD and PME): iapmd.org

Lichen sclerosus and vulval cancer awareness: www.lsvcukawareness.co.uk

Menopause resources:

- www.menopausematters.co.uk
- www.balance-menopause.com
- rockmymenopause.com

National Association for Premenstrual Syndromes (information and support for PMS sufferers): www.pms.org.uk

National fertility awareness service: www.fertilityuk.org

Ovarian Cancer Action: www.ovarian.org.uk

PCOS Awareness Association: www.pcosaa.org

Support through miscarriage: www.miscarriageassociation.org.uk

Supporting women with premature ovarian insufficiency: www.daisynetwork.org/about-us/what-we-do

The UK's gynaecological cancer research charity: www.eveappeal.org.uk

The Vulval Pain Society: vulvalpainsociety.org

Women's health resources:

- www.womens-health-concern.org
- www.womens-health.co.uk

Practise examining

Breast examination: www.youtube.com/watch?v=76g_tNWMhCE

Vaginal examination: www.youtube.com/watch?v=Z-O_JYtyQqE

C9 Haematology

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways: cks.nice.org.uk/specialities/haematology

British Society for Haematology: b-s-h.org.uk

RCEM Haematology resources: www.rcemlearning.co.uk/haematology

Thrombosis UK: thrombosisuk.org

British Society for Haemostasis and Thrombosis: bsht.org.uk/related-organisations-useful-links

Haematological Malignancy Research Network: hmrn.org

Material for patient

Blood Cancer UK: bloodcancer.org.uk

Haemochromatosis UK: www.haemochromatosis.org.uk

Haemophilia Society: haemophilia.org.uk/bleeding-disorders/haemophilia-a-and-b

Leukaemia Care: www.leukaemiacare.org.uk

Lymphoma Action: lymphoma-action.org.uk

Sickle Cell Society: www.sicklecellsociety.org

C10 Infectious disease and travel health

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- cks.nice.org.uk/specialities/infections-infestations
- cks.nice.org.uk/specialities/preventative-medicine

RCGP toolkits:

- TARGET antibiotics: elearning.rcgp.org.uk/course/view.php?id=553
- Lyme disease: elearning.rcgp.org.uk/mod/book/view.php?id=12535
- Sepsis: elearning.rcgp.org.uk/mod/book/view.php?id=12896

British Infection Association: www.britishinfection.org

Royal Society of Tropical Medicine & Hygiene: www.rstmh.org

UK Health Security Agency: www.gov.uk/government/organisations/uk-health-security-agency

The UK Sepsis Trust: sepsistrust.org

Antibiotic Guardian resources: antibioticguardian.com/healthcare-professionals

Antimicrobial stewardship: www.gov.uk/government/publications/antimicrobial-stewardship-start-smart-then-focus

Travel advice:

- nathnac.net
- travelhealthpro.org.uk
- cdc.gov/travel

Disease outbreak news: www.who.int/emergencies/disease-outbreak-news

Current outbreaks: www.who.int/publications/journals/weekly-epidemiological-record

Material for patient

Fitness to fly information: www.caa.co.uk/passengers/before-you-fly/am-i-fit-to-fly

Travel advice: www.fitfortravel.nhs.uk/home

Well Travelled Clinics: www.welltravelledclinics.co.uk

C11 Kidney and urology

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- cks.nice.org.uk/specialities/kidney-disease-urology
- cks.nice.org.uk/specialities/mens-health

RCGP Acute Kidney Injury Toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=12897

The UK Kidney Association: ukkidney.org

UK eCKD Guide: ukkidney.org/health-professionals/information-resources/uk-eckd-guide#sthash.aR3HaMDP.dpbs

The British Association of Urological Surgeons: www.baus.org.uk

The International Society for Men's Health & Gender (ISMH): www.jomh.org

PSA testing guide for GPs: www.gov.uk/government/publications/prostate-specific-antigen-testing-explanation-and-implementation

RCEM urology resources: www.rcemlearning.co.uk/foamed/male-urological-issues-in-the-ed

Prostate Cancer UK: prostatecanceruk.org/for-health-professionals/guidelines?category=

GP Gateway Renal Medicine: www.coventryrugbygateway.nhs.uk/category/medical/renal-medicine/?post_type=gpage

Material for patient

Kidney Care UK: kidneycareuk.org

Kidney Research UK: www.kidneyresearchuk.org

The Men's Health Forum website: www.menshealthforum.org.uk

Prostate Cancer UK: www.prostatecanceruk.org

The Urology Foundation: www.theurologyfoundation.org

C12 Mental health

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways: cks.nice.org.uk/specialities/mental-health

The Royal College of Psychiatrists: www.rcpsych.ac.uk

The RCGP toolkits:

- Mental health and perinatal mental health: elearning.rcgp.org.uk/mod/book/view.php?id=13115
- Gambling Harms Hub: elearning.rcgp.org.uk/course/view.php?id=734
- Veterans' Health Hub: elearning.rcgp.org.uk/course/view.php?id=803

The Academy for Eating Disorders resources: www.aedweb.org/resources/professional-resources

BMA Mental Capacity Act England and Wales Toolkit: www.bma.org.uk/advice-and-support/ethics/adults-who-lack-capacity/mental-capacity-act-toolkit

Deprivation of Liberty Safeguards (DOLS): www.lawsociety.org.uk/support-services/advice/articles/deprivation-of-liberty

Medication guidance

Prescribing in psychiatry: Maudsley Guidelines available via Athens:

- www.knowledge.scot.nhs.uk/library-resources/medicines-information
- www.maudsley-prescribing-guidelines.co.uk

Material for patient

ADHD Psychiatry-UK: psychiatry-uk.com/adhd

The National Attention Deficit Disorder information and support service: www.addiss.co.uk

Royal College of Psychiatrists support leaflets: www.rcpsych.ac.uk/mental-health/treatments-and-wellbeing

Support for UK Armed Forces: www.gov.uk/guidance/mental-health-support-for-the-uk-armed-forces

Women's Aid (charity to end domestic abuse): www.womensaid.org.uk

'You Okay Doc?' have a directory of resources: youokaydoc.org.uk/resources

C13 Metabolic problems and endocrinology

Applicable guidelines and useful resources

NICE pathways and guidelines:

- cks.nice.org.uk/specialities/endocrine-metabolic
- cks.nice.org.uk/specialities/poisoning

RCGP Acute Kidney Injury toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=12897

RCGP Physical Activity Hub: elearning.rcgp.org.uk/course/view.php?id=536

Rethink Obesity: www.rethinkobesity.global/au/en/resources/obesity-resources-for-physicians-and-patients.html

National Osteoporosis Guideline Group: www.nogg.org.uk

TOXBASE – National Poisons Information Service: www.toxbase.org/login/?ReturnUrl=

Resources from the London Endocrine Centre: www.londonendocrinecentre.co.uk/pituitary-disorders.html

Material for patient

Addison's Disease Self-Help Group: www.addisonsdisease.org.uk

British Inherited Metabolic Diseases Group: www.bimdg.org.uk/site/index.asp

British Thyroid Foundation: www.btf-thyroid.org

Diabetes UK: www.diabetes.org.uk

Metabolic Support UK: metabolicsupportuk.org

Pituitary Foundation: www.pituitary.org.uk

RCPCH Clinical guideline directory: www.rcpch.ac.uk/resources/clinical-guideline-directory

Royal Osteoporosis Society: theros.org.uk

UK National Kidney Federation: www.kidney.org.uk

Practise examining

Thyroid status examination: www.youtube.com/watch?v=ziaYBkgEZNU

Diabetic foot examination: www.youtube.com/watch?v=vwlyulPnXcg

C14 Musculoskeletal health

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways: cks.nice.org.uk/specialities/musculoskeletal

RCGP Physical Activity Hub: elearning.rcgp.org.uk/course/view.php?id=536

British Institute of Musculoskeletal Medicine: www.bimm.org.uk

British Orthopaedic Association: www.boa.ac.uk

The Primary Care Rheumatology and Musculoskeletal Medicine Society: www.pcrsmm.org.uk

British Lymphology Society: www.thebls.com

Versus Arthritis: versusarthritis.org

British Association of Sport & Exercise Medicine: www.basem.co.uk

Royal Osteoporosis Society: theros.org.uk

Advanced Trauma Life Support: www.facs.org/quality-programs/trauma/education/advanced-trauma-life-support

RCGP Inflammatory Arthritis Toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=13455&chapterid=777

UK Spine Societies: www.ukssb.com/improving-spinal-care-project

Material for patient

BackCare: www.backcare.org.uk

British Sjögren's Syndrome Association: www.bssa.uk.net

Children's Chronic Arthritis Association: www.ccaa.org.uk

Living Made Easy – independent living for people with disabilities: livingmadeeasy.org.uk

Lupus UK: lupusuk.org.uk

Lymphoedema Support Network: www.lymphoedema.org

Muscular Dystrophy UK: www.muscular dystrophyuk.org

National Ankylosing Spondylitis Society (Act on Axial SpA): www.actonaxialspa.com

National Rheumatoid Arthritis Society: nras.org.uk

Polymyalgia Rheumatica and Giant Cell Arteritis Scotland: pmrgcascotland.com

Repetitive Strain Injury charity: www.rsiaction.org.uk

Scleroderma & Reynaud's UK: www.sruk.co.uk

Sheffield Aches & Pains: sheffieldachesandpains.com

Versus Arthritis: versusarthritis.org

Practise examining

Shoulder examination: www.youtube.com/watch?v=TDs1IOFYnMo

Hip joint examination: www.youtube.com/watch?v=KAgRJTsXHrU

Knee examination: www.youtube.com/watch?v=B76oGAFKb28

Spine examination: www.youtube.com/watch?v=CJVGpciEMol

Hand examination: www.youtube.com/watch?v=xKNBflxRICs

GALS (gait / arms / legs / spine) examination: www.youtube.com/watch?v=g8-dMuzWal4

C15 Neurodevelopmental disorders, intellectual and social disability

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- <https://cks.nice.org.uk/topics/learning-disabilities>
- <https://cks.nice.org.uk/topics/attention-deficit-hyperactivity-disorder>
- <https://cks.nice.org.uk/topics/autism-in-adults>
- <https://cks.nice.org.uk/topics/autism-in-children>

The RCGP Toolkits are available:

- Resources for secure environments: elearning.rcgp.org.uk/mod/book/view.php?id=13151&chapterid=625
- Autism and ADHD: elearning.rcgp.org.uk/mod/book/view.php?id=13115&chapterid=608
- Adult safeguarding: elearning.rcgp.org.uk/mod/book/view.php?id=12530
- Child safeguarding: elearning.rcgp.org.uk/mod/book/view.php?id=12531

Intellectual disability and health resource from the University of Hertfordshire: www.intellectualdisability.info

Material for patient

ADHD Psychiatry-UK: psychiatry-uk.com/adhd

Down's Syndrome Association: www.downs-syndrome.org.uk

Intellectual disability charities and support groups: www.intellectualdisability.info/links

Mencap (support for people with intellectual disability): www.mencap.org.uk

The National Attention Deficit Disorder information and support service:

www.addiss.co.uk

Royal College of Psychiatrists support leaflets: www.rcpsych.ac.uk/mental-health/treatments-and-wellbeing

Scope (support for disabled people and their families): www.scope.org.uk

Practise explaining

Cervical screening to a patient with intellectual disability (www.gov.uk/government/publications/cervical-screening-easy-read-guide)

Testicle self-examination to a patient with intellectual disability

(www.intellectualdisability.info/how-to-guides/articles/how-to-look-after-my-balls)

C16 Neurology

Applicable guidelines and useful resources

Relevant NICE guidance and pathways: cks.nice.org.uk/specialities/neurological

National Stroke Association Resource Library: www.stroke.org/category/resource

DVLA guidance assessing fitness to drive: www.gov.uk/government/publications/assessing-fitness-to-drive-a-guide-for-medical-professionals

Material for patient

Epilepsy Society: epilepsysociety.org.uk

Meningitis Research Foundation: www.meningitis.org
www.migraine.org.uk

Motor Neurone Disease Association: www.mndassociation.org

Multiple Sclerosis Society: www.mssociety.org.uk

Parkinson's UK: www.parkinsons.org.uk

The Stroke Association: www.stroke.org.uk

Practise examining

Upper limb neurological examination: www.youtube.com/watch?v=4uAAjYzi7SY

Lower limb neurological examination: www.youtube.com/watch?v=IdmQSVZN05I

Cranial nerve examination: www.youtube.com/watch?v=yZ5kV7dJoZw

C17 Respiratory health

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways: cks.nice.org.uk/specialities/respiratory

BTS guidelines relevant to primary care (among others) are available at: www.brit-thoracic.org.uk/quality-improvement

British Infection Association guidelines: www.britishinfection.org/guidance/published-guidelines

Thrombosis UK VTE guidelines: thrombosisuk.org/thrombosis-for-health-care-professionals/vte-reports-guidelines

The RCGP TARGET antibiotic toolkit: elearning.rcgp.org.uk/course/view.php?id=553

International Primary Care Respiratory Group: www.ipcrg.org

Primary Care Respiratory Society: www.pcrs-uk.org

The National Centre for Smoking Cessation and Training: www.ncsct.co.uk

The British Society for Allergy & Clinical Immunology: www.bsaci.org

Occupational diseases info: www.hse.gov.uk/statistics/causdis

Death certification reforms: www.gov.uk/government/publications/changes-to-the-death-certification-process/an-overview-of-the-death-certification-reforms (relevant to occupational lung disease)

Material for patient

Asthma + Lung UK: www.asthmaandlung.org.uk

Cystic Fibrosis Trust: www.cysticfibrosis.org.uk

How to read your chest X-ray report: www.radiologyinfo.org/en/info/article-chest-xray-report

Physio for COPD: www.csp.org.uk/conditions/copd

Smoking cessation help: www.smokefreeaction.org.uk

Support for people with asbestos diseases: hasag.co.uk

TB Alert: www.tbalert.org

Thrombosis UK: www.thrombosisuk.org

Practise examining

Interpretation of spirometry results (the BTS has a useful document on spirometry at www.brit-thoracic.org.uk/media/70454/spirometry_e-guide_2013.pdf)

Respiratory examination: www.youtube.com/watch?v=gRWSyqatWQQ

Peak expiratory flow rate (PEFR) demonstration: www.youtube.com/watch?v=jdA8KU_D9JU

C18 Sexual health

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways: cks.nice.org.uk/specialities/sexual-health

British Association for Sexual Health and HIV: www.bashh.org/resources/guidelines

The Faculty of Sexual & Reproductive Healthcare (FSRH): www.fsrh.org

- UK Medical Eligibility criteria for contraceptive use: www.fsrh.org/standards-and-guidance/uk-medical-eligibility-criteria-for-contraceptive-use-ukmec
- Sexual and reproductive health e-learning: www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare

The Royal College of Obstetricians and Gynaecologists: www.rcog.org.uk

RCEM Sexual assault aftercare in the emergency department: www.rcemlearning.co.uk/reference/sexual-assault-aftercare-in-the-emergency-department/#1658839414645-60c6b10d-148b

A directory of hormonal contraceptives from around the world can be found at www.ippf.org/sites/default/files/dohc.pdf which may be useful when patients present with unfamiliar brands from overseas.

Drugs that interact with antiretroviral therapy: www.hiv-druginteractions.org

National FGM centre: nationalfgmcentre.org.uk/fgm/fgm-resources

The Gender Identity Clinic provides resources and referral advice for GPs including a telephone advice line for queries regarding hormonal treatment: gic.nhs.uk/gp-support

GMC ethical hub: Trans healthcare: www.gmc-uk.org/professional-standards/ethical-hub/trans-healthcare

College of Sexual and Relationship Therapists offers advice on psychosexual problems for both clinicians and patients: www.cosrt.org.uk

The RCGP toolkits are available:

- Adult safeguarding: elearning.rcgp.org.uk/mod/book/view.php?id=12530
- Child safeguarding: elearning.rcgp.org.uk/mod/book/view.php?id=12531

Material for patient

56 Dean Street is an NHS sexual health clinic in central London providing STI/HIV care, PEP/PreP, Chemsex support, psychosexual counselling and Trans and non-binary services: www.dean.st

British Pregnancy Advisory Service: www.bpas.org

Brook clinics provide advice on STIs, contraception and pregnancy: www.brook.org.uk

Family Planning Association (FPA): www.fpa.org.uk

Gender identity resources:

- Young Minds: www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/genderidentity
- Stonewall: www.stonewall.org.uk
- Mermaids: mermaidsuk.org.uk
- Marie Stopes (abortion and vasectomy care): www.mschoices.org.uk

HIV resources:

- HIV peer support: www.positivelyuk.org/Project-100
- HIV treatment info and advocacy: i-base.info
- Reliable HIV information: www.aidsmap.com
- Terrence Higgins Trust (HIV, AIDS and sexual health): www.tht.org.uk

Relate is a charity offering advice, relationship counselling and sex therapy: www.relate.org.uk

C19 Smoking, alcohol and substance misuse

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- cks.nice.org.uk/topics/alcohol-problem-drinking
- www.nice.org.uk/guidance/ng64

RCGP Mental health toolkit substance misuse:

- elearning.rcgp.org.uk/mod/book/view.php?id=13115&chapterid=609
- elearning.rcgp.org.uk/mod/book/view.php?id=13151&chapterid=626

Alcohol Health Alliance: ahauk.org

British Society of Gastroenterology: www.bsg.org.uk

National Centre for Smoking Cessation and Training: www.ncsct.co.uk

RCEM – Drug misuse and the Emergency Department: rcem.ac.uk/wp-content/uploads/2021/10/RCEM_BPC_DrugMisuse_FINAL2019.pdf

NHS guidelines on management of drug misuse and dependence: www.gov.uk/government/collections/alcohol-and-drug-misuse-prevention-and-treatment-guidance

Chemsex resources: www.dean.st/chemsex/what-is-chemsex

Material for patient

Action on Smoking and Health: www.ash.org.uk

Alcohol and the brain: www.rcpsych.ac.uk/mental-health/mental-illnesses-and-mental-health-problems/alcohol-mental-health-and-the-brain

Alcoholics Anonymous: www.alcoholics-anonymous.org.uk

FRANK – honest information about drugs: www.talktofrank.com

Narcotics Anonymous (UK): ukna.org

RCPSYCH young people:

- Cannabis and mental health: www.rcpsych.ac.uk/mental-health/parents-and-young-people/cannabis-and-mental-health-information-for-young-people
- Drugs and alcohol: www.rcpsych.ac.uk/mental-health/parents-and-young-people/drugs-and-alcohol-for-young-people

Support with drugs, alcohol and mental health: www.wearewithyou.org.uk

C20 Urgent and unscheduled care

Applicable guidelines and useful resources

The Royal College of Emergency Medicine clinical guidance: rcem.ac.uk/clinical-guidelines

The British Thoracic Society guidelines: www.brit-thoracic.org.uk/quality-improvement/guidelines

Life in the Fast Lane educational resources for emergency physicians: litfl.com

RCGP Toolkits:

- elearning.rcgp.org.uk/mod/book/view.php?id=12896
- elearning.rcgp.org.uk/course/view.php?id=553

Royal College of Obstetricians & Gynaecologists: www.rcog.org.uk/guidelines

Resuscitation Council UK guidance: www.resus.org.uk/professional-resources

- Including basic and advanced life support for adults, paediatrics and the newborn; anaphylaxis, choking and DNACPR decisions

Surviving Sepsis campaign: www.sccm.org/SurvivingSepsisCampaign

Material for patient

British Heart Foundation: www.bhf.org.uk

Royal Society for the Prevention of Accidents: www.rosipa.com

L1 Children and young people

Applicable guidelines and useful resources

Relevant NICE guidance and pathways: cks.nice.org.uk/specialities/child-health

Royal College of Paediatrics and Child Health (RCPCH) Clinical guideline directory: www.rcpch.ac.uk/resources/clinical-guideline-directory

Resuscitation Council UK Paediatric basic life support guidelines: www.resus.org.uk/library/2021-resuscitation-guidelines/paediatric-basic-life-support-guidelines

Great Ormond Street Hospital guidelines on many childhood conditions: www.gosh.nhs.uk/wards-and-departments/departments/clinical-specialties/thames-paediatric-anaesthetists-group-information-health-professionals/clinical-guidelines

Paediatric Pearls Primary care guidelines: paediatricpearls.co.uk/primary-care-guidelines

Childhood surveillance tools via the Health for all Children website: www.healthforallchildren.com

Sepsis screening tools for both adults and children (specifically under 5s and children 5–11): sepsistrust.org/professionalresources/clinical-tools

International Children's Palliative Care Network: icpcn.org

Safeguarding resources

RCGP Toolkits: Child safeguarding: elearning.rcgp.org.uk/mod/book/view.php?id=12531

The Victoria Climbié inquiry: www.gov.uk/government/publications/the-victoria-climbié-inquiry-report-of-an-inquiry-by-lord-laming

Safeguarding resources: www.safecic.co.uk

E-learning Resources Safeguarding Children and Young People Level 3: www.e-lfh.org.uk/programmes/safeguarding-children

National Working Group for Sexually Exploited Children: nwgnetwork.org

Material for patient

Jumo (medical information written in a child-friendly fashion): jumohealth.com

Teenage-friendly advice: www.healthforteens.co.uk

Vaccine Knowledge (University of Oxford): vaccineknowledge.ox.ac.uk

Worried now about your child (aged 3 months and over)?: www.what0-18.nhs.uk/parentscarers/worried-your-child-unwell

Young Minds: www.youngminds.org.uk

Practise examining

A child with a fever – familiarise yourself with the 'Traffic light system for identifying risk of serious illness' www.paediatricpearls.co.uk/wp-content/uploads/Attachment-1-Remote-Assess-fever-assessment-Luton.pdf

L2 People with long term conditions including cancer

Applicable guidelines and useful resources

RCGP Toolkits: Primary care cancer: elearning.rcgp.org.uk/mod/book/view.php?id=12890

Relevant NICE guidelines and pathways

- www.nice.org.uk/guidance/conditions-and-diseases/cancer
- www.nice.org.uk/guidance/ng12

NIHR – Researching long Covid: evidence.nihr.ac.uk/themedreview/researching-long-covid-addressing-a-new-global-health-challenge

Long term conditions in children: stateofchildhealth.rcpch.ac.uk/evidence/long-term-conditions

Long term conditions and medically unexplained symptoms (NHSE): www.england.nhs.uk/mental-health/adults/nhs-talking-therapies/mus

Suspected cancer referral guidelines:

- Macmillan cancer support: www.macmillan.org.uk/healthcare-professionals/cancer-pathways/prevention-and-diagnosis/rapid-referral-guidelines
- Cancer Research UK: www.cancerresearchuk.org/health-professional/diagnosis/suspected-cancer-referral-best-practice/nice-cancer-referral-guidelines

Disability rights: www.gov.uk/rights-disabled-person

Material for patient

Cancer Research UK: www.cancerresearchuk.org

Disability Rights UK: www.disabilityrightsuk.org

Living Well Consortium UK: livingwellconsortium.com/psychological-therapies/long-term-conditions

Long COVID SOS: www.longcovidosos.org/resources

Long-term physical conditions and mental health: www.mentalhealth.org.uk/explore-mental-health/a-z-topics/long-term-physical-conditions-and-mental-health

Macmillan cancer information and support: www.macmillan.org.uk/cancer-information-and-support

OUTpatients – LGBTIQ+ cancer charity: outpatients.org.uk

The Patients Association – Long term conditions: www.patients-association.org.uk/long-term-conditions

Practise explaining

Cancer screening discussion with non-binary patient: www.cancerresearchuk.org/about-cancer/cancer-symptoms/spot-cancer-early/screening/trans-and-non-binary-cancer-screening

What is involved in the work capability assessment: www.disabilityrightsuk.org/resources/work-capability-assessment#What

Practise examining

Testing for possible fibromyalgia (www.arthritis.org/diseases/more-about/fibromyalgia-tests)

L3 Maternity and reproductive health

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- cks.nice.org.uk/specialities/womens-health
- cks.nice.org.uk/specialities/pregnancy

RCGP Women's health toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=12534

Primary Care Women's Health Forum resources: pcwhf.co.uk/resources/?_sft_source=pcwhfresource

Green top guidelines specific to women's health are available on the RCOG website: www.rcog.org.uk/guidelines

Medication use in pregnancy:

- uktis.org
- www.medicinesinpregnancy.org

Medication use in breastfeeding:

- lacted.org/i/able-breastfeeding-education-handouts/breastfeeding-and-medications
- gpifn.org.uk
- www.sps.nhs.uk/home/guidance/safety-in-pregnancy/#:~:text=lactation

Material for patient

Breastfeeding resources:

- The Breastfeeding Network: www.breastfeedingnetwork.org.uk
- La Leche League: laleche.org.uk
- Lactation consultants of Great Britain: lrgb.org

UNICEF Baby friendly initiative: www.unicef.org.uk/babyfriendly

L4 Older adults

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- www.nice.org.uk/guidance/population-groups/older-people
- www.nice.org.uk/guidance/conditions-and-diseases/multiple-long-term-conditions

The BNF has a section on prescribing in the elderly: bnf.nice.org.uk/medicines-guidance/prescribing-in-the-elderly

The British Geriatrics Society Comprehensive geriatric assessment toolkit for primary care practitioners: www.bgs.org.uk/sites/default/files/content/resources/files/2019-02-08/BGS%20Toolkit%20-%20FINAL%20FOR%20WEB_0.pdf

RCGP Toolkits: Adult safeguarding: elearning.rcgp.org.uk/mod/book/view.php?id=12530

Delirium training Resources – British Geriatrics Society: www.bgs.org.uk/resources/delirium-hub-education-and-training

The Royal College of Physicians has produced National Clinical guidelines for Stroke: www.rcp.ac.uk/improving-care/resources/stroke-guidelines-2016

Osteoporosis resources for primary care by the Royal Osteoporosis Society: theros.org.uk/healthcare-professionals/clinical-quality-hub/clinical-quality-toolkits

Polypharmacy in older people: awttc.nhs.wales/files/guidelines-and-pils/polypharmacy-in-older-people-a-guide-for-healthcare-professionalspdf

Material for patient

Age UK: www.ageuk.org.uk

Alzheimer's Society: www.alzheimers.org.uk

Carers UK: www.carersuk.org

Dementia United: dementia-united.org.uk

Parkinson's UK: www.parkinsons.org.uk

Royal Osteoporosis Society: theros.org.uk

Stroke Association: www.stroke.org.uk

World Delirium Awareness Day: www.deliriumday.com/links-to-info-on-delirium

L5 End of life

Applicable guidelines and useful resources

Relevant NICE guidelines and pathways:

- www.nice.org.uk/guidance/ng12
- cks.nice.org.uk/specialities/palliative-care

Suspected cancer referral guidelines:

- Macmillan cancer support: www.macmillan.org.uk/healthcare-professionals/cancer-pathways/prevention-and-diagnosis/rapid-referral-guidelines
- Cancer Research UK: www.cancerresearchuk.org/health-professional/diagnosis/suspected-cancer-referral-best-practice/nice-cancer-referral-guidelines

The Gold Standards Framework: goldstandardsframework.org.uk

Scottish Palliative Care Guidelines: rightdecisions.scot.nhs.uk/scottish-palliative-care-guidelines

RCGP end of life and palliative care toolkit: elearning.rcgp.org.uk/mod/book/view.php?id=12529

UK Acute Oncology Society Guidelines: www.ukacuteoncology.co.uk/information-hub/ao-guidelines

UK Cancer Genetics Group: www.ukcgg.org/information-education/national-and-international-guidelines

International Children's Palliative Care Network: icpcn.org

End of life care for adults in the Emergency department: rcem.ac.uk/wp-content/uploads/2021/10/RCEM_End_of_Life_Care_Toolkit_December_2020_v2.pdf

Resuscitation Council UK: DNACPR and CPR decision making: www.resus.org.uk/library/additional-guidance/guidance-dnacpr-and-cpr-decisions

Material for patient

Cancer support groups:

- www.cancerresearchuk.org
- www.macmillan.org.uk
- www.mariecurie.org.uk

Compassion in Dying: compassionindying.org.uk

Dying Matters resources: www.dyingmatters.org/overview/resources

Hospice UK: www.hospiceuk.org

PT1 Professional topics

Applicable guidelines and useful resources

RCGP Toolkits:

- Continuity of care: elearning.rcgp.org.uk/mod/book/view.php?id=12895
- GP online services: elearning.rcgp.org.uk/mod/book/view.php?id=13455
- Multidisciplinary team working: elearning.rcgp.org.uk/mod/book/view.php?id=12898
- Patient safety: elearning.rcgp.org.uk/mod/book/view.php?id=12537
- Person-centred care: elearning.rcgp.org.uk/mod/book/view.php?id=12953

GMC Professional standards for doctors: www.gmc-uk.org/ethical-guidance

GMC Raising and acting on concerns about patient safety: www.gmc-uk.org/guidance/ethical_guidance/raising_concerns.asp

BMA core ethics guidance: www.bma.org.uk/advice-and-support/ethics/core-ethics/core-ethics-guidance?_gl=1*1h6ei81*_up*MQ..*_ga*MTIzMTYxMjM4MS4xNzE4NjQzODg5*_ga_F8G3Q36DDR*MTcxODY0Mzg4OC4xLjAuMTcxODY0Mzg4OC4wLjAuMA

eGPlearning – technology-enhanced primary care and learning: egplearning.co.uk

You are Not a Frog podcast:

- Managing your time in a system which sucks: youarenotafrog.com/episodes/74
- How to have crucial conversations: youarenotafrog.com/episodes/85

Dealing with an angry patient: www.hpsoc.com/risk-education/individuals/articles/Handling-the-Angry-Patient

Material for patient

Choosing wisely (promotes conversation around unnecessary medical tests and procedures):

www.choosingwisely.org

Citizens Advice: www.citizensadvice.org.uk

How to complain in the NHS: www.nhs.uk/using-the-nhs/about-the-nhs/how-to-complain-to-the-nhs

Chapter 4

www.rcgp.org.uk/mrcgp-exams/gp-curriculum/being-general-practitioner

www.medicalprotection.org/uk/articles/risks-of-telephone-consultations

patient.info/doctor/telephone-consultations

B1 Patient less than 19 years old

Case B1.1

patient.info/doctor/constipation-in-children-pro

patient.info/doctor/telephone-consultations

Case B1.2

patient.info/doctor/urinary-tract-infection-in-children

patient.info/doctor/telephone-consultations

pathways.nice.org.uk/pathways/urinary-tract-infections/management-of-urinary-tract-infection-in-under-16s#content=view-node:nodes-recurrent-uti

Case B1.3

geekymedics.com/testicular-examination-osce-guide/

patient.info/doctor/undescended-and-maldescended-testes

Case B1.4

cks.nice.org.uk/cows-milk-protein-allergy-in-children

patient.info/doctor/cows-milk-protein-allergy-pro

patient.info/doctor/atopic-dermatitis-and-eczema

www.nice.org.uk/guidance/qs118

gpifn.org.uk/imap

Case B1.5

patient.info/doctor/contraception-and-young-people

patient.info/doctor/combined-oral-contraceptive-pill-first-prescription

learning.nspcc.org.uk/child-protection-system/children-the-law

www.ukmec.co.uk

Case B1.6

patient.info/doctor/infective-conjunctivitis-pro

cks.nice.org.uk/topics/conjunctivitis-infective/diagnosis/clinical-features

www.eastkentformulary.nhs.uk/media/1276/letter-to-schools-nurseries-re-conjunctivitis-jan-2019.pdf

www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities

B2 Gender, reproductive and sexual health, including women's, men's, LGBTQ+, gynaecology and breast

Case B2.1

www.gov.uk/government/collections/zika-virus-zikv-clinical-and-travel-guidance
patient.info/womens-health/periods-and-period-problems/delaying-a-period
nathnac.net

Delaying menstruation: patient.info/womens-health/periods-and-period-problems/delaying-a-period

Zika virus guidance: www.rcog.org.uk/guidance/browse-all-guidance/other-guidelines-and-reports/zika-virus-infection-and-pregnancy

Case B2.2

patient.info/doctor/prenatal-screening-for-downs-syndrome
patient.info/doctor/downs-syndrome-trisomy-21
www.downs-syndrome.org.uk/for-new-parents

Case B2.3

cks.nice.org.uk/breast-cancer-managing-fh

Case B2.4

thebms.org.uk/nice-guideline/tools-for-clinicians
pathways.nice.org.uk/pathways/menopause/menopause-overview#content=viewindex&path=view%3A/pathways/menopause/menopause-overview.xml
thebms.org.uk/wp-content/uploads/2022/12/12-BMS-TfC-Fast-Facts-HRT-and-Breast-Cancer-Risk-NOV2022-A.pdf

Case B2.5

www.nice.org.uk/guidance/ng73
www.nice.org.uk/guidance/cg156
www.ouh.nhs.uk/services/referrals/womens/fertility-clinic.aspx
patient.info/health/pelvic-pain-in-women/endometriosis
patient.info/health/infertility-leaflet

Case B2.6

patient.info/doctor/atrophic-vaginitis
www.bashhguidelines.org/current-guidelines/skin-conditions/vulval-conditions-2014

Case B2.7

patient.info/doctor/sterilisation-vasectomy-and-female-sterilisation

Case B2.8

patient.info/doctor/haematuria-pro

cks.nice.org.uk/topics/urological-cancers-recognition-referral

Case B2.9

cks.nice.org.uk/luts-in-men

cks.nice.org.uk/urological-cancers-recognition-and-referral

www.baus.org.uk/userfiles/pages/files/Patients/Leaflets/IPSS.pdf

prostatecanceruk.org/prostate-information-and-support/prostate-tests/psa-blood-test

www.ruh.nhs.uk/patients/Urology/documents/patient_leaflets/Form_IPSS.pdf

prostatecanceruk.org/prostate-information/prostate-tests/psa-test#advantages-disadvantages

patient.info/health/prostate-and-urethra-problems/prostate-gland-enlargement

Case B2.10

patient.info/doctor/breakthrough-bleeding-with-combined-hormonal-contraception

www.gov.uk/government/publications/abnormal-vaginal-bleeding-in-women-under-25-clinical-assessment

www.bmj.com/content/348/bmj.g3334.full.pdf+html

www.pulsetoday.co.uk/views/blogs/dr-margaret-mccartney/a-tragic-death-but-nothing-to-do-with-denying-young-women-smear-tests/20003266.blog

www.gov.uk/government/publications/cervical-screening-programme-and-colposcopy-management/2-providing-a-quality-colposcopy-clinic

www.cancerresearchuk.org/cancer-info/cancerstats/types/cervix/incidence/#age

labtestsonline.org.uk/tests/cervical-cytology

www.jostrust.org.uk

eveappeal.org.uk/gynaecological-cancers/cervical-cancer

Case B2.11

patient.info/doctor/recurrent-miscarriage

www.rcog.org.uk/en/guidelines-research-services/guidelines/gtg17

Case B2.12

www.fsrh.org/Public/Public/Standards-and-Guidance/Emergency-Contraception.aspx?hkey=8d4257db-3196-4175-8014-faa6638c42d6

B3 Long-term conditions, including cancer, multi-morbidity and disability

Case B3.1

cks.nice.org.uk/hypercholesterolaemia-familial

thefhfoundation.org/diagnostic-criteria-for-familia-hypercholesterolemia

Case B3.2

patient.info/doctor/heart-failure-diagnosis-and-investigation

patient.info/doctor/heart-failure-management

cks.nice.org.uk/topics/heart-failure-chronic/management

Case B3.3

patient.info/doctor/gastro-oesophageal-reflux-disease

patient.info/doctor/helicobacter-pylori-pro

www.nice.org.uk/guidance/cg184

Case B3.4

patient.info/doctor/snoring-pro

cks.nice.org.uk/topics/obstructive-sleep-apnoea-syndrome

www.asthmaandlung.org.uk/conditions/obstructive-sleep-apnoea-osa/epworth-sleepiness-scale

britishsnoring.co.uk

Case B3.5

patient.info/doctor/tinnitus-pro

www.nice.org.uk/guidance/ng155

Case B3.6

patient.info/doctor/contact-and-occupational-dermatitis

cks.nice.org.uk/dermatitis-contact

Case B3.7

patient.info/doctor/alopecia

cks.nice.org.uk/alopecia-areata

B4 Older adults, including frailty and people at the end of life

Case B4.1

patient.info/doctor/community-care
patient.info/doctor/mental-capacity-act
patient.info/doctor/telephone-consultations

Case B4.2

pathways.nice.org.uk/pathways/osteoporosis
patient.info/doctor/osteoporosis-pro
patient.info/health/bisphosphonates
frax.shef.ac.uk/FRAX/tool.aspx?country=9
patient.info/medicine/alendronic-acid-for-osteoporosis-fosamax

Case B4.3

cks.nice.org.uk/anaemia-iron-deficiency
patient.info/doctor/iron-deficiency-anaemia-pro
www.nice.org.uk/guidance/ng12/chapter/1-recommendations-organised-by-site-of-cancer
www.bsg.org.uk/clinical-resource/guidelines-iron-deficiency-anaemia-in-adults
www.macmillan.org.uk/healthcare-professionals/cancer-pathways/prevention-and-diagnosis/rapid-referral-guidelines

Case B4.4

www.nice.org.uk/guidance/ng97
patient.info/doctor/dementia-pro

Case B4.5

cks.nice.org.uk/falls-risk-assessment#!scenario

Case B4.6

patient.info/doctor/oncological-emergencies
patient.info/doctor/telephone-consultations

Case B4.7

www.northerncanceralliance.nhs.uk/wp-content/uploads/2018/11/NECNXPALLIATIVEXCAREX2016-1.pdf
www.westmidspallcare.co.uk/wp-content/uploads/Subcutaneous-hydration-in-palliative-care-v2.4-Final-2.pdf

Case B4.8

patient.info/doctor/transient-ischaemic-attacks
cks.nice.org.uk/topics/stroke-tia

B5 Mental health, including addiction, smoking, and alcohol and substance misuse

Case B5.1

patient.info/doctor/suicide-risk-assessment-and-threats-of-suicide

Case B5.2

pathways.nice.org.uk/pathways/antenatal-and-postnatal-mental-health

www.rcgp.org.uk/representing-you/policy-areas/perinatal-mental-health

www.rcpsych.ac.uk/mental-health/problems-disorders/post-natal-depression?searchTerms=postnatal%20depression

Case B5.3

patient.info/doctor/subdural-haematoma-pro

patient.info/doctor/rapid-tranquilisation

patient.info/doctor/telephone-consultations

Case B5.4

patient.info/doctor/cannabis-use-and-abuse

patient.info/doctor/depression-pro

www.gmc-uk.org/ethical-guidance/learning-materials/information-for-doctors-on-cannabis-based-products-for-medicinal-use

www.england.nhs.uk/long-read/cannabis-based-products-for-medicinal-use-cbpms

Case B5.5

www.nice.org.uk/guidance/ng69

bestpractice.bmj.com/topics/en-us/441

www.beateatingdisorders.org.uk

Case B5.6

patient.info/doctor/alcoholism-and-alcohol-misuse-recognition-and-assessment

www.nice.org.uk/guidance/cg115

geekymedics.com/tiredness-history-taking-osce-guide

Case B5.7

patient.info/doctor/insomnia

cks.nice.org.uk/insomnia

cks.nice.org.uk/benzodiazepine-and-z-drug-withdrawal

www.cntw.nhs.uk/services/nctalkingtherapies/what-do-nc-talking-therapies-offer/cbt-i-cbt-for-insomnia

www.relate.org.uk

Case B5.8

patient.info/doctor/opioid-abuse-and-dependence

patient.info/doctor/assessment-of-drug-dependence

cks.nice.org.uk/opioid-dependence

Case B5.9

cks.nice.org.uk/cirrhosis#!scenario

cks.nice.org.uk/alcohol-problem-drinking

cks.nice.org.uk/topics/alcohol-problem-drinking

B6 Urgent and unscheduled care

Case B6.1

pathways.nice.org.uk/pathways/ectopic-pregnancy-and-miscarriage

patient.info/doctor/ectopic-pregnancy-pro

www.gponline.com/gps-forced-drive-patients-hospital-ambulance-delays-raise-risk-practices/article/1873994

nwssp.nhs.wales/ourservices/legal-risk-services/legal-risk-services-documents/general-medical-practice-indemnity-gmpi-docs/application-of-the-scheme-for-gmpi-where-there-are-ambulance-delays-in-the-community-final-pdf

Case B6.2

patient.info/doctor/pulmonary-embolism-pro

cks.nice.org.uk/topics/pulmonary-embolism

Case B6.3

patient.info/doctor/bradycardia

www.resus.org.uk/pages/periart.pdf

patient.info/doctor/ecg-identification-of-conduction-disorders

Case B6.4

cks.nice.org.uk/cellulitis-acute

cks.nice.org.uk/topics/sepsis

www.microguide.eu

sepsistrust.org/wp-content/uploads/2018/06/GP-adult-NICE-Final-2.pdf

app.pulsenotes.com/medicine/infectious-diseases/notes/cellulitis#

Case B6.5

patient.info/doctor/gout-pro

cks.nice.org.uk/gout

B7 Health disadvantages and vulnerabilities, including veterans, mental capacity, safeguarding, and communication difficulties

Case B7.1

patient.info/doctor/safeguarding-children-how-to-recognise-abuse-or-a-child-at-risk

patient.info/doctor/safeguarding-children-referral-and-management-of-an-abused-or-at-risk-child

Case B7.2

patient.info/doctor/contraception-and-special-groups

patient.info/doctor/general-learning-disability

www.fpa.org.uk/product/contraception-a-guide-for-people-with-learning-disabilities

Case B7.3

patient.info/doctor/general-learning-disability

patient.info/doctor/subclinical-hypothyroidism

patient.info/doctor/telephone-consultations

Case B7.4

www.england.nhs.uk/south/wp-content/uploads/sites/6/2016/04/1085-nhs-leaflet-accessible-copy.pdf

Case B7.5

www.nice.org.uk/guidance/ph38/chapter/glossary

www.nhs.uk/live-well

www.desmond.nhs.uk/about-us

Case B7.6

www.nice.org.uk/guidance/ng11/chapter/1-Recommendations#assessment-of-behaviour-that-challenges-2

B8 Ethnicity, culture, diversity and inclusivity

Case B8.1

patient.info/doctor/urethritis-in-men

patient.info/doctor/epididymo-orchitis-pro

Case B8.2

www.gov.uk/government/collections/female-genital-mutilation

www.gov.uk/government/publications/fgm-mandatory-reporting-in-healthcare

patient.info/doctor/female-genital-mutilation

Case B8.3

patient.info/doctor/angle-closure-glaucoma

cks.nice.org.uk/topics/glaucoma

Case B8.4

www.diabetes.org.uk/guide-to-diabetes/managing-your-diabetes/ramadan

cks.nice.org.uk/topics/diabetes-type-2

Case B8.5

patient.info/doctor/plantar-fasciitis-pro

cks.nice.org.uk/plantar-fasciitis

www.versusarthritis.org/media/21790/plantar-exercise-sheet.pdf

B9 New presentation of undifferentiated disease

Case B9.1

patient.info/doctor/raised-intracranial-pressure

patient.info/doctor/telephone-consultations

Case B9.2

lifeinthefastlane.com

cks.nice.org.uk/topics/palpitations

litfl.com/hypertrophic-cardiomyopathy-hcm-ecg-library

Case B9.3

www.mdcalc.com/wells-criteria-for-dvt

patient.info/doctor/deep-vein-thrombosis-pro

cks.nice.org.uk/topics/deep-vein-thrombosis

srh.bmj.com/content/familyplanning/47/2/102.full.pdf

Case B9.4

cks.nice.org.uk/topics/dyspepsia-unidentified-cause

patient.info/health/dyspepsia-indigestion

patient.info/health/quit-smoking-cessation/how-to-quit-smoking

patient.info/health/alcohol-and-liver-disease/alcohol-and-sensible-drinking

patient.info/health/weight-loss-weight-reduction

Case B9.5

cks.nice.org.uk/topics/palpitations

Case B9.6

www.keele.ac.uk/sbst/startbacktool

www.versusarthritis.org/about-arthritis/exercising-with-arthritis/exercises-for-healthy-joints/exercises-for-the-back

Case B9.7

www.cancerresearchuk.org/health-professional/diagnosis/investigations/fit-symptomatic

Case B9.8

patient.info/doctor/hoarseness-pro

www.nice.org.uk/guidance/ng12/chapter/Recommendations-organised-by-site-of-cancer#head-and-neck-cancers

Case B9.9

cks.nice.org.uk/benign-paroxysmal-positional-vertigo#!topicsummary
entsurrey.com/Download/ENT-SURREY/Brandt-Daroff.pdf
www.royalberkshire.nhs.uk/media/0fslhdqf/dix-hallpike-and-epley-manoeuvres-for-bppv_pd-11_aug22.pdf
patient.info/health/dizziness/benign-paroxysmal-positional-vertigo
www.gov.uk/guidance/general-information-assessing-fitness-to-drive

Case B9.10

patient.info/doctor/blepharitis-pro
cks.nice.org.uk/topics/blepharitis

Case B9.11

cks.nice.org.uk/tirednessfatigue-in-adults#!topicsummary

Case B9.12

patient.info/doctor/multiple-sclerosis-pro
cks.nice.org.uk/topics/multiple-sclerosis

Case B9.13

cks.nice.org.uk/migraine#!scenario

Case B9.14

patient.info/doctor/facial-nerve-palsy
cks.nice.org.uk/topics/bells-palsy

Case B9.15

patient.info/doctor/tremor-pro

Case B9.16

patient.info/doctor/chronic-persistent-cough-in-adults
patient.info/doctor/gastro-oesophageal-reflux-disease

Case B9.17

www.nice.org.uk/guidance/ng95/chapter/Recommendations#awareness-of-lyme-disease
www.nice.org.uk/guidance/ng95/resources/visual-summary-pdf-4792272301
patient.info/health/lyme-disease-leaflet

Case B9.18

patient.info/doctor/ankylosing-spondylitis-pro
patient.info/doctor/low-back-pain-and-sciatica
cks.nice.org.uk/topics/back-pain-low-without-radiculopathy
cks.nice.org.uk/topics/axial-spondyloarthritis-including-ankylosing-spondylitis

Case B9.19

patient.info/doctor/malignant-melanoma-of-skin
www.nice.org.uk/guidance/ng14

B10 Prescribing

Case B10.1

www.bhf.org.uk/bmi/home.html
patient.info/doctor/obesity-in-adults
www.nice.org.uk/guidance/ta875/chapter/1-Recommendations
patient.info/doctor/bariatric-surgery

Case B10.2

patient.info/doctor/influenza-vaccination
cks.nice.org.uk/immunizations-seasonal-influenza

Case B10.3

patient.info/doctor/contraception-and-special-groups
www.ukmec.co.uk
www.fsrh.org/Public/Public/Standards-and-Guidance/uk-medical-eligibility-criteria-for-contraceptive-use-ukmec.aspx?hkey=82727ce6-756b-4b88-a5ab-acaf27c48669

Case B10.4

patient.info/doctor/erectile-dysfunction
www.britishairways.com/content/information/travel-assistance/flying-with-confidence

Case B10.5

cks.nice.org.uk/topics/male-pattern-hair-loss-male-androgenetic-alopecia
cks.nice.org.uk/topics/male-pattern-hair-loss-male-androgenetic-alopecia
www.bad.org.uk/pils/hair-loss-male-pattern-androgenetic-alopecia

Case B10.6

www.bhiva.org/PrEP-guidelines
prepster.info
www.prepwatch.org

Case B10.7

bnf.nice.org.uk/medicines-guidance/prescribing-in-palliative-care
book.pallcare.info/index.php?tid=96
patient.info/doctor/syringe-drivers

Case B10.8

patient.info/health/headache-leaflet/medication-overuse-headache
cks.nice.org.uk/headache-medication-overuse

Case B10.9

patient.info/doctor/upper-respiratory-infections-coryza

cks.nice.org.uk/topics/chest-infections-adult/management/acute-bronchitis

Case B10.10

patient.info/doctor/acne-vulgaris

cks.nice.org.uk/acne-vulgaris

Case B10.11

www.ouh.nhs.uk/services/referrals/pain/opioids-chronic-pain.aspx

www.moodjuice.scot.nhs.uk/ChronicPain.asp

B11 Investigations / results

Case B11.1

patient.info/doctor/prostate-specific-antigen-psa

prostatecanceruk.org/risk-checker

patient.info/health/prostate-and-urethra-problems/prostate-specific-antigen-test-psa

Case B11.2

patient.info/doctor/pre-pregnancy-counselling

patient.info/doctor/haemophilia-a-factor-viii-deficiency

Case B11.3

patient.info/doctor/genetic-counselling-a-guide-for-gps

patient.info/doctor/huntingtons-disease-pro

www.hda.org.uk

Case B11.4

litfl.com

patient.info/doctor/atrial-fibrillation-pro

cks.nice.org.uk/topics/atrial-fibrillation

www.gov.uk/guidance/general-information-assessing-fitness-to-drive

heartrhythmalliance.org/aa/uk

Case B11.5

patient.info/doctor/lipid-regulating-drugs-including-statins

patient.info/doctor/cardiovascular-risk-assessment

www.nice.org.uk/guidance/ph25

Case B11.6

patient.info/doctor/subclinical-hypothyroidism

cks.nice.org.uk/topics/hypothyroidism/management/subclinical-hypothyroidism-non-pregnant

Case B11.7

patient.info/doctor/chronic-kidney-disease-pro

cks.nice.org.uk/chronic-kidney-disease-not-diabetic

Case B11.8

patient.info/doctor/vitamin-d-deficiency-including-osteomalacia-and-rickets-pro

cks.nice.org.uk/topics/vitamin-d-deficiency-in-adults

Case B11.9

cks.nice.org.uk/topics/chronic-obstructive-pulmonary-disease

goldcopd.org

www.nhs.uk/smokefree/help-and-advice/support

Case B11.10

patient.info/health/inflammatory-bowel-disease

B12 Professional conversation / professional dilemma

Case B12.1

patient.info/doctor/termination-of-pregnancy

www.gmc-uk.org/guidance/ethical_guidance/confidentiality.asp

Case B12.2

patient.info/doctor/advance-care-planning

Case B12.3

www.england.nhs.uk/coronavirus/documents/death-certification-processes-information-for-medical-practitioners-after-the-coronavirus-act-2020-expires

www.gov.uk/after-a-death/when-a-death-is-reported-to-a-coroner

www.manchester.gov.uk/info/626/coroners/5532/when_death_occurs/2

www.mariecurie.org.uk/help/support/bereaved-family-friends/practical-legal/medical-certificate

www.kctrust.co.uk/what-to-do-when-someone-dies

www.gov.uk/government/collections/death-certification-reform-and-the-introduction-of-medical-examiners

www.gov.uk/government/publications/medical-certificate-of-cause-of-death-draft-regulations

Case B12.4

patient.info/doctor/breaking-bad-news

www.gponline.com/consultation-skills-best-break-bad-news/article/776491

cks.nice.org.uk/lung-and-pleural-cancers-recognition-and-referral

Case B12.5

www.themdu.com/learn-and-develop/course-listing/complaints-local-resolution

Case B12.6

patient.info/doctor/sickness-certification-in-primary-care

patient.info/doctor/long-term-sickness-and-incapacity

www.gov.uk/government/collections/fit-note

Case B12.7

patient.info/doctor/data-security-and-caldicott-guardianship

www.gponline.com/medico-legal-alterations-medical-records/article/985144

Case B12.8

patient.info/doctor/urinary-incontinence-pro

www.medicalprotection.org/docs/default-source/pdfs/Booklet-PDFs/eng-med-complaints-booklet.pdf?sfvrsn=4

Case B12.9

www.gponline.com/consultation-skills-staying-calm-angry-patients/article/1051676

www.nice.org.uk/guidance/ng84/chapter/terms-used-in-the-guideline

antibioticguardian.com/keep-antibiotics-working

Case B12.10

www.genomicseducation.hee.nhs.uk/education/videos/autosomal-dominant-inheritance

www.cardiomyopathy.org/physical-health/exercise

patient.info/health/hypertrophic-cardiomyopathy-leaflet

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